



amani
AFRICAN SPAS

MENU



IVORY TREE
GAME LODGE
PILANESBERG GAME RESERVE



AMANI SPA... A TRUE AFRICAN SPA EXPERIENCE

"AMANI" MEANING "PEACEFUL" IN KISWAHILI, AN EAST AFRICAN TRIBAL LANGUAGE

"CREATING MAGICAL MOMENTS AND TURNING THEM INTO SPECIAL MEMORIES"

AMANI SPA ... A TIMELESS PLACE OF PEACE AND TRANQUILITY,
EMBRACED BY NATURE IS THE ULTIMATE ESCAPE FOR PURE SELF INDULGENCE.

ENJOY OUR UNIQUE HOLISTIC BODY, SKIN & BEAUTY RITUALS, REJUVENATING MESSAGES &
SOOTHING TREATMENTS, UNIQUELY DESIGNED TO RELAX THE SPIRIT, HARMONISE THE BODY,
PRESERVE YOUTHFULNESS & ENHANCE HEALTH & VITALITY



HOLISTIC SIGNATURE BODY RITUALS

AMANI SPIRIT

180 minutes

Begin your spiritual journey with a relaxing & rejuvenating cocooning experience, African Potato Body wrap designed to stimulate the body's innate healing process. Continue to our exclusive "Bush Bath" where the power of water with soothing aromatic oils and healing essences of Indigenous plants increases circulation, stimulates the immune system & relaxes the body. Complete your journey with our "Copper body alignment therapy" where Marula oil is lathered and massaged all over the body using a specialized copper plate to further stimulate energy flow, alleviate muscular and joint strain, reduce nervous tension and balance your body's energy

KU RHULA BODY RITUAL

90 minutes

Escape and unwind as you are nurtured from head to toe & brought to balance. Our signature holistic body ritual is a unique treatment incorporating massage techniques from all over the world, pampering not only the body, but the face & scalp too, & includes a revitalizing mini facial. The full body massage is enhanced by utilizing our exclusive African oil blends to assist with body detoxification and decrease stress & fatigue, making this experience the ultimate in relaxation.

AMANI'S MASSAGE COLLECTION

SOUL OF AFRICA BODY MASSAGE

60 minutes

Using our Essence of Africa signature oil, enjoy a soul surrendering full body Swedish massage designed to enhance, relax and restore the body.

PUNGUZA BODY MASSAGE

60 minutes

Punguza... meaning 'relieve' in Kiswahili, is a deep tissue massage using a blend of essential oils infused in shea butter to relieve muscular aches and tension.

AFRICAN SHEA AROMATHERAPY

60 minutes

A rhythmic, gentle full body and face massage using specially blended therapeutic aromatic plant oils to relax the body, calm the mind and connect with your soul.

LEFIKA...HOT STONE MASSAGE

60 minutes

A sensory body and face massage, using natural river stones radiant with heat and essential oils to ease muscle aches and hydrate the skin.

CALIFORNIAN MASSAGE

60 minutes

A unique massage incorporating all your senses. Long graceful movements together with special vigorous massage techniques stimulate lymph and blood circulation, increasing your level of wellbeing and leave your body in a complete state of relaxation. Subject to therapist availability.

REFLEXOLOGY MASSAGE

60 minutes

Pamper your feet with a foot soak and masque, followed by the old traditional pressure point massage to re-establish energy flows, relieve stress, balance and restore harmony in the body.

IKÊTLA ... BACK, NECK & SHOULDER MASSAGE

30 minutes

Ikêta...relax & unwind, while you experience this wonderfully relaxing massage combining the power of touch & smell - focusing on the neck, back and shoulder areas.

AFRICAN SCALP MASSAGE

30 minutes

A relaxing scalp and neck massage, using a pure blend of African essential oils, which brings oxygen & nutrients to the muscles, hair and skin.

AFRICAN HANDPRINT RITUAL

30 minute

Your hands are polished with African salts & cuticles restored with indigenous oils, then massaged with Shea butter and wrapped in warm mitts, leaving your hands soft & totally invigorated.

AFRICAN FOOTPRINT RITUAL

30 minutes

For those with tired & aching feet, enjoy an energising foot soak followed by a relaxing foot massage with shea butter which, improves circulation, softens & nourishes your feet.

COUPLES MASSAGE

Enjoy a couples' massage of your choice with your partner or friend in our exclusive couples' suite.





LUXURIOUS BODY TREAT

ROYAL AFRICAN POTATO BODY BALM

90 minutes

A relaxing & cocooning experience. Our body scrub exfoliates the skin, preparing it for the anti-ageing herbal African Potato body wrap, high in vitamins & minerals, combined with Marula oil is massaged all over the body. Once cocooned & warmly tucked in towels, enjoy a relaxing pressure point foot massage.

ESSENCE OF AFRICA BODY GLOW

60 minutes

Enjoy the exfoliating and cleansing experience of our unique body polish, which assists in the cell renewal process, leaving the skin radiant & soft to touch.

LERAGA MUD DETOX BODY WRAP

60 minutes

A highly effective slimming treatment designed to aid in the reduction of bloating, cellulite & water retention. The pre-mud massage stimulates blood & lymphatic circulation, facilitates in eliminating toxins & increasing the metabolism. A relaxing Shea butter massage assists with the detoxification, releasing muscle tension, hydrating and toning the skin.

DECADENT COFFEE WRAP

60 minutes

Our secret body wrap is a sensory treatment of fresh coffee and a special blend of essential oils creating a comforting cocoon, followed by a pampering & relaxing full body massage.

MARULA MILK BATH AND MASSAGE

75 minutes

Relax and unwind in our 'Bush Bath' filled with a unique blend of Marula Oil and indigenous plant extracts, which is followed by a head, neck, back & shoulder massage to relieve muscular aches & tension.

AFRICAN MASSAGE RITUALS

BAMBOO BODY MASSAGE

60 minutes

A body, face and limb massage using bamboo stalks to provide drainage, relaxation and reshaping. This massage satisfies the need for relaxation and overall well being.

CALABASH MASSAGE

60 minutes

An exotic massage using various sizes & shapes of calabashes, a natural and effective massage tool to deeply relax the muscles & promotes circulation.

AFRICAN RUNGU MASSAGE

60 minutes

The unique all new African massage with the use of the Rungu baton, is a deep friction type massage that stimulates the muscles, aimed to destress & provide a deep sense of relaxation.

DELUXE FACIALS

AFRICAN GODDESS ANTI-AGEING SKIN RITUAL

80 minutes

A therapeutic de-stressing journey beginning with a face, neck & shoulder massage using a traditional essential oil blend and natural river stones, is followed with a facial cleansing, exfoliation, masque, skin toning, serum and moisturizing ritual, stimulating new cell growth for lubricated and elastic skin making it less prone to wrinkles and promoting a healthy glow.

HYDRATING ROSE FACIAL

60 minutes

A hydrating and balancing facial therapy rich in natural anti-oxidants allows for deep relaxation and hydrates tired lifeless skin. After a power cleanse, exfoliation, toning, our special blend of Rooibos and rose oil acts as a natural hydrating mask, followed by our unique Rose serum, leaving the skin soft to touch, lubricated and revitalized. Recommended for dry sensitive skin, but compatible with all skin types.

VITAMIN C SKIN BOOSTING FACIAL

60 minutes

This vitamin-rich treatment will give your skin a boost and leave your face with a healthy glow. Gentle cleansing and removal of surface impurities are followed by a firming mask and Vitamin C serum that is infused with revitalizing nutrients and anti-oxidants to help the skin rebuild its own collagen reserves. This uplifting treatment is ideal for special occasion appearances.

BALANCING TEENS FACIAL

45 minutes

A soothing and refreshing facial for Teens with essential oils of Lavender and Vitamin A & E helps maintain your skin's moisture, leaving it to feel soft and supple. Our balancing serum, enriched with grapeseed oil is an anti-fungal and anti-bacterial that gently removes dead skin cells from the skin's surface, leaving your skin refined and brightened. Oily combination skins will love this treatment.

AMANI MAN HOLISTIC FACIAL

60 minutes

A holistic, therapeutic & relaxing facial, an anti-oxidant treatment that helps repair damage to ageing skin cells. A special cocktail has been formulated to tighten the skin, leaving his skin hydrated & revitalized. A relaxing face and neck massage using a Shea butter with black pepper, known to be compatible with the male hormonal system, stimulates blood flow & assists with stiff & sore muscles.





BEAUTY

CLASSIC MANICURE

50 minutes

This treatment feeds the skin with nourishing and hydrating nutrients to restore suppleness & elasticity, which results in hands that are hydrated, replenished and protected. Cuticle care, nail shaping, a hand massage and polish application complete the treatment.

DELUXE MANICURE WITH PARAFFIN WAX

60 minutes

A classic manicure that includes a hydrating process where the hands are dipped into a thermal paraffin bath that forms a mask around their contours, emitting a warm, radiant sensation that softens the cells and hydrates the essence of the skin.

CLASSIC PEDICURE

50 minutes

Enjoy a relaxing foot soak and intensive foot treatment with its therapeutic ingredients. Nail shaping, a foot massage and polish application complete the treatment.

DELUXE PEDICURE WITH PARAFFIN WAX

60 minutes

A classic pedicure that includes a hydrating process where the hands are dipped into a thermal paraffin bath that forms a mask around their contours, emitting a warm, radiant sensation that softens the cells and hydrates the essence of the skin.

FRENCH VARNISH 15 minutes

REVERNISH ONLY 20 minutes

GROOMING

(Waxing treatments available on request)

Eyebrow Wax & Shaping	15 minutes	Eyebrow Tint	10 minutes
Eyelash Tint	15 minutes	Lash and Brow Tint	25 minutes



PAMPER PACKAGES

Includes a healthy spa snack inbetween treatments

KWA AMANI BUSH ESCAPE

5 hours

Escape into a sanctuary in the beautiful surroundings of the Pilanesberg, whilst we treat you to a day of relaxation and revitalisation. A Royal African Potato Body Balm, followed by the African Goddess Anti-ageing Skin Ritual and relaxing scalp massage. Surrender to a Soul of Africa Body Massage and complete your journey with a Deluxe Pedicure.

THE FEAST...FOR THE SOUL & SENSES

4 hours

Discover a little African Magic and experience our Divine Essence of Africa Body glow followed by our Hydro Bush bath and enjoy a relaxing Marula Milk Bath. Surrender to our signature Ku Rhula body ritual. Complete your journey with a Deluxe manicure.

MODJADJI – AFRICAN QUEEN BRIDAL CEREMONY

6 hours

Allow us to pamper you from top to toe with a day of therapeutic and relaxing Spa Rituals sure to make you feel like royalty. Your journey begins with the Amani Spirit, followed by the African Goddess Anti-ageing Skin Ritual, which is followed by a Deluxe Manicure & Pedicure.

MOM -TO - BE BUSH RETREAT

4 hours

Begin with our specialized body massage, created to cater for your needs during your pregnancy. Our safe therapeutic oil assists in easing any back strain and to induce relaxation. Enjoy a facial, leaving the skin soft to touch, hydrated and revitalized. A Classic Manicure and Pedicure completes your Spa experience. No essential oils are used.



SPA ETIQUETTE

PUNCTUALITY: We kindly request you to arrive 15 minutes prior to your appointment. A late arrival may mean that your treatment time is reduced or unable to be honoured.

SPA HOURS: The Spa offers treatments from 8am to 5pm. Should a guest however wish to book a treatment outside of these times, we will do our utmost to accommodate their request, subject to staff availability.

CANCELLATION POLICY: Guests who wish to cancel an appointment are kindly requested to provide at least 3 hours notice or the full cost of the appointment will be charged.

PRICES: All prices are inclusive of VAT.

Spa treatment prices are subject to change without any prior notice

SPECIAL PACKAGES: We offer specialised packages to suit any requirement, including Bridal, Birthday, Anniversary and Corporate.

GIFT VOUCHERS: Please note that gift vouchers are non transferable and have an expiry date. Gift vouchers must be presented at an appointment in order to be honoured.

INDEMNITY: Ivory Tree Game Lodge, the Spa or any of the Spa's therapists cannot accept responsibility for adverse reactions, accidents or complications before, during or after Spa treatments.